



**Uniting Church in Australia**  
**SEACLIFF WEEKLY NEWS**  
**Sunday 7 February 2021**  
**EPIPHANY 5**

## The Clock Is My Dictator

(Psalm 23 - an antithesis)

The clock is my dictator  
I shall not rest.

It makes me lie down  
only when exhausted.

It leads me to deep depression.  
It hounds my soul.

It leads me in circles of frenzy  
for activity's sake.

Even though I run  
frantically from task to task,  
I will never get it all done,  
for my "ideal" is with me.

Deadlines and my need for approval,  
They demand performance from me  
beyond the limits of my schedule.

They anoint my head with migraines.  
My in-basket overflows.

Surely fatigue and time pressure  
shall follow me all the day of my life.

by Marcia Horn

**Welcome to Seacliff Uniting Church!**

Our Minister is Rev. Gary Stuckey.

## What's On this week

**Adult Fellowship**

**1.30pm 10<sup>th</sup> February**

**AGM and Elections**

**11am Next Sunday 14<sup>th</sup> February**

## What's News

### **AGM next week, Feb 14<sup>th</sup>**

As advised for some weeks now, our AGM for 2020, delayed by the COVID lockdown at the time, is being conducted next Sunday, Feb 14<sup>th</sup>, starting at **11am**.

This is a key gathering in the life of our congregation, and if at all possible, please arrange to be present.

There are some non-AGM matters we need to consider at some stage: if we deal with them all as well as annual stuff, the meeting will likely run to about 1pm. As advised last Sunday, I will seek a quick expression of opinion this Sunday, 7<sup>th</sup> Feb, about whether we run one long meeting or conduct a follow-up meeting probably in mid March.

If you have a matter that you believe the congregation needs to discuss, please prepare a proposal and get it to me by this Sunday, 7<sup>th</sup> Feb; doing that will help with pulling the agenda together.

Remember that an election for membership of **Church Council** will be conducted as part of the AGM. The nominees are Marg Davidson (nominating for a 3-year term), David Greig (3 years), Maureen Howland (3 years), Denise Phillips (2 years) and Andrew Telfer (3 years).

We received an additional nomination for Church Council last Sunday evening – as we were not able to make the necessary public announcement last Sunday, the plan is to hang on to nomination and conduct a follow-up election, probably also in mid March.

Max

## **CAN YOU HELP?**

I have been contacted by a student from Tabor College who is currently completing formation as a Spiritual Director.

**Spiritual Direction** is one person inviting another person to accompany them on their faith journey.

This involves a **conversation** where:

- the 'guide' listens carefully to the 'pilgrim' **reflecting** on his/her daily life experiences
- both pilgrim and guide seek to **pay attention to the presence of God** in the pilgrim's life
- both are seeking to nurture the life of God in the pilgrim and to encourage the expression of this in **ordinary and practical living**

This student is at the point where they need to engage in and reflect on their practice of spiritual direction and she is seeking people who may be willing participants in this process. It will involve about an hour spent with the trainee director (who is supervised) every six weeks or so through the year.

If you feel drawn to explore this possibility please let Gary know ([gstu@internode.on.net](mailto:gstu@internode.on.net) or 0488 017 187), and I will connect you with the student.

Gary

## **Adult Fellowship**

The first meeting of our now renamed "Seacliff Adult Fellowship" will be on Wednesday 10th February at 1.30pm, PLEASE NOTE THE CHANGE FROM EVENINGS TO AFTERNOONS, and we will have a High Tea as well as a chance for members to catch up after our long break.

Everyone is asked to bring a cup, saucer and plate and a doily. New members are very welcome. For any more info re meetings or etc. Please contact Viv Winn, President, Libby Dixon, Secretary, Chris Chandler, programme secretary, or any member.

Chris

## Men's Dinner for February 2021

The first Men's Dinner for 2021 has been arranged with the venue the **Beach Pit**, located at 53 Jetty Road, Brighton, for **Wednesday 17<sup>th</sup> February**. Meet as usual at 6.30pm for a 7pm start. For information or transport, contact Dene Goldsack on 8296 1046.

## Cogs n Coffee

Last Wednesday, we broke all records with 21 riders taking to their bikes to complete the designated ride that ended up for coffee at the Henley Yatch Club.

Next weeks ride is to Pt Adelaide, meeting at the shops near Warradale train station at 8.30 am. Brian



## BACK PAGE

Worship Leader for Today: Rev. Gary Stuckey HC  
Lectionary for Today: **7<sup>th</sup> February 2021: Is 40: 21 – 31;**  
**Ps 147: 1-11, 20c; 1 Cor 9: 16 – 23; Mk 1 : 29 – 39.**  
Reminder for Stewards: 14 February 2021  
Colin Theakstone                      Von Bollinger

### **Welcome to our Church.**

Things you need to know, especially if you are a visitor.  
**Fire exits** are marked. Please take note. In the case of an emergency evacuation please gather on the Western Lawns under the Pine Tree. **St John First Aid Kit** - on top of the pigeon holes up from the ramp. **Toilets** are available through the door front right of the Worship Area or out through the turn around point on the ramp. **Morning tea** is held after the service – we hope you will join with us. According to our **Covid plan**, please note the seating arrangements within the building for your safety.

### **Items for the Newsletter**

Please email items to [newsletter@seacliffuc.org](mailto:newsletter@seacliffuc.org) by 5pm on Wednesdays. If you do not have access to email, please phone or call in at the church office and it will be forwarded for you.

### **Our Minister is Rev. Gary Stuckey.**

#### **Contact :**

Mobile : 0488 017 187,  
Home phone : 8270.2862  
email : [minister@seacliffuc.org](mailto:minister@seacliffuc.org)

### **Church Office Information**

Open Thursday and Friday

9.30am – 12.30pm

☎ 8296 1517

Email: [office@seacliffuc.org](mailto:office@seacliffuc.org)

Website: [www.seacliffuc.org](http://www.seacliffuc.org)