



Uniting Church in Australia
SEACLIFF WEEKLY NEWS
Sunday 20 March 2022

Lent 3



A psalm of David. When he was in the Desert of Judah.

You, God, are my God, earnestly I seek you;
I thirst for you, my whole being longs for you,
in a dry and parched land, where there is no water.

² I have seen you in the sanctuary and beheld your power and your glory.

³ Because your love is better than life, my lips will glorify you.

⁴ I will praise you as long as I live, and in your name, I will lift up my hands.

⁵ I will be fully satisfied as with the richest of foods; with singing lips, my mouth will praise you.

⁶ On my bed I remember you; I think of you through the watches of the night.

⁷ Because you are my help, I sing in the shadow of your wings.

⁸ I cling to you; your right hand upholds me.

This Week

Lent Reflection **10.30am Tuesday 22nd March**
2 pm Thursday 24th March
Adult Fellowship **12 Noon Wed. 23rd March**

What's News

Lent Reflection

At Seacliff UC, for our Lent Reflection this year, **Two groups** will meet; on **Tuesday, 22nd of March** at 10:30am and **Thursday, 24th of March** at 2:00pm. running through Lent. Any questions, please feel free to speak with me. Gary Stuckey (Rev)

Ecumenical Easter Day Service

'Churches Together' in the Brighton/Seacliff area will be holding a dawn service on Easter Day. It will be held on Angus Neill reserve (on the Esplanade at Seacliff) on **April 17 at 6:15am**. They are seeking the assistance of churches in the district in a number of areas, e.g. someone to MC the day, someone to give a short message, someone to lead a prayer, the provision of a microphone and PA. If you can help please let Gary know.

Adult Fellowship

This Wed, 23rd March, members and any friends who would like to join us, will be enjoying our wonderful Adelaide Botanic Gardens.

We will be meeting there at the Botanic Cafe at 12noon to enjoy our lunch/drink, from the cafe or brought from home.

Our guide will meet us there at 1pm to show us some of the special parts of the gardens, including the Museum of Economic Botany. For those of us who have difficulty walking very far there will be plenty to see.

Some members are driving (4 hr paid parking in Planetree drive) and others are going by train and/or tram. Anyone who has not organised transport could contact Chris or Viv.

Cogs n Coffee

A dozen of us tackled the Pt. Adelaide ride knowing the train was available if it got too hot. There was a change and most rode home after our coffee, having a e-bike is a help. Meet at Warradale shops at 8.30 for next weeks ride.

Brian

Lent Event

A reminder that Lent Event, sponsored by the Assembly of the UCA, is with us this year. For the next few weeks I will have a short item or reminder: we are all invited to contribute to the work of UnitingWorld via www.lentevent.com.au or via an envelope, clearly labelled, placed in the offering bowl.

Today's reminder is the poster below, which shows the theme for this year: *Live simply so that others can simply live.*



WHAT COULD YOU GIVE UP FOR LENT?

1. Complaining
2. Negative self talk
3. Sarcasm
4. Dominating the conversation
5. Excuses
6. Going through the motions
7. Worry
8. Over-commitment
9. Impatience
10. The quick fix
11. Complacency
12. People pleasing
13. Cynicism
14. Procrastination
15. Snarky comments
16. Busyness
17. Defensiveness
18. Stereotyping
19. Nagging
20. Narrow mindedness
21. Hitting the snooze button
22. Netflix
23. Weighing yourself
24. Online shopping
25. Coffee
26. Speeding
27. Alcohol
28. Make up
29. Snacks
30. Arriving late
31. Disposable plastic
32. Social media
33. Mindless eating
34. Clutter
35. Selfies
36. Hot showers
37. Chocolate
38. Wasting food
39. Buying stuff you don't need
40. Checking your phone

www.lentevent.com.au

lentevent

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Worship Leader for Today: Max Howland
Lectionary for Today: **20th March: Is 55: 1 - 9; Ps 63: 1 - 8; 1 Cor 10: 1 - 13; Lk 13: 1 - 9.**
Reminder for Stewards: 27 March 2022
Colin Theakstone Dave Rickard

Welcome to our Church.

Things you need to know, especially if you are a visitor.
Fire exits are marked. Please take note. In the case of an emergency evacuation please gather on the Western Lawns under the Pine Tree. **St John First Aid Kit** - on top of the pigeon holes up from the ramp. **Toilets** are available through the door front right of the Worship Area or out through the turn around point on the ramp. **Morning tea** is held after the service – we hope you will join with us. According to our **Covid plan**, please note the seating arrangements within the building for your safety.

Items for the Newsletter

Please email items to newsletter@seacliffuc.org by 5pm on Wednesdays. If you do not have access to email, please phone or call in at the church office and it will be forwarded for you.

Our Minister is Rev. Gary Stuckey.

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Church Office Information

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